

We make a living by what we

GET

We make **A LIFE**

by what we give.

Winston Churchill



**October
2004**

Monthly
publication

The YACKITY-YAC

YOU DESERVE TO BE HEARD!

WHAT IS YOUTH VOICE? Youth voice is the ideas, opinions, involvement, and initiative of people considered to be "young".

These voices often go unheard and/or involvement of this group has often been marginalized. But that needs to change. It is time for your voice to be heard!

Your voice can be a voice for youth!

The Dos and Don'ts of being heard!

DOS

- Listen.
- Be open-minded.
- Build on ideas.
- Be honest and authentic.
- See everyone as individuals.
- Show respect.
- Trust.
- Experiment.
- Be energetic.
- Offer a safe space.
- Be flexible.
- Share skills and information.
- Engage everyone.
- Provide support.
- Curb your ego.
- Keep your promise.
- Hold people to their commitments.
- Walk the talk.
- Be patient and persistent.
- Be consistent and dependable.
- Demonstrate your passion.
- Laugh and have fun.
- Schedule time thoughtfully.
- Create structure.
- Foster learning.
- Speak up!
- Invite adults to share skills, experiences, and resources.
- Seek to involve other young people

DON'Ts

- Lecture.
- Be close-minded.
- Co-opt or redirect ideas.
- Pretend to agree.
- Stereotype.
- Show favoritism.
- Fear failure.
- Stifle creativity.
- Be passive.
- Be judgmental.
- Force anyone to participate.
- Selectively share certain information.
- Ignore personality conflicts.
- Control everything.
- Be power hungry.
- Make half-hearted commitments.
- Expect more from teens than from adults.
- Be a hypocrite.
- Act uptight.
- Be unreliable.
- Whine.
- Be too serious.
- Assume all adults will treat you like "you're just a kid".

From www.ysa.org

Youth Service Spotlight

Are you a part of a great youth organization that is involved in doing service and making a difference in your school, community, state, nation, and world? Do you know of a super youth organization who is doing these things? Would you like others to know about your organization, club, or civic group and what you are doing in society? Do you want a cool way to recognize the youth in the organization you are a leader of? Well here is your chance. Submit Youth Organizations or groups where youth are involved in doing service and making an impact in their community to YES@utahspromise.org or mail it to Teresa Oliver, YES Ambassador, Utah Commission on Volunteers, 527 W. 400 N Suite 3, Orem, UT 84057 for publishing in our monthly Youth Service Utah Newsletter. Please include in your submission your contact information, a little about the organization, what service and civic engagement activities the youth are involved in, and a picture of the youth engaged in an activity (optional).

WANTED: Youth in Action!

If you know an awesome youth who goes out of their way to serve others, who plans and executes amazing service projects, who is dedicated to giving to others then nominate them to be posted on our *Youth in Action* web page at www.utahspromise.org/ysu. Please submit their name, youth organization, what you have seen them doing and, if available, a picture of them serving to yes@utahspromise.org!

The Yackity-YAC is published by the Utah Commission on Volunteers. Please share this newsletter with anyone you know who is interested in youth service in Utah. For more information or for an event or item to submit for publishing consideration please contact Teresa at 1-888-755-UTAH or yes@utahspromise.org



Upcoming Events

Be involved! Continue to make a difference in your community!

National Days of Service

Oct. 23 -Make a Difference Day

How are you going to make a difference?

<http://www.makeadifferenceday.com>

A National day to help others designed to inspire and reward volunteers. Everyone who helps others on this day and submits an entry form is eligible for a national or local award and for a cash donation to a charitable cause. Plan now to make a difference on Oct. 23!



Nov. 20 -National Family Volunteer Day



Families that volunteer together not only make a difference in the lives of others but are stronger as a family unit, have better communication and are happier! So get your family together and do something good on National Family Volunteer Day.

ATTENTION DAVIS COUNTY TEENS

The 2004 Davis County Youth of Promise Summit for all junior and senior high school students is being held October 16, 2004 at Northridge High School. The event is from 1pm-11pm that day and will be packed with tons of fun! For more information

or to register you can contact

Teresa at yes@utahspromise.org or 1-888-755-UTAH or Ivy Melton Sales, ivy@co.davis.ut.us, 801-451-3581

Funding Applications Due Oct. 18th

Applications for the Good Neighbor Service-Learning Grants are due October 18, 2004.

Receive funding for your service-learning projects planned for National Youth Service Day in April 2005.

Get your applications in before it is too late!

For more information go to www.ysa.org.

Top 10 Ways to Get your Teen Voice Heard

10. Change the Rules

Whatever your issue, whatever your position, join the Youth Rights Movement and make your voice heard.

9. Get involved in Politics

Not old enough to vote? Get your voice heard by working on a political campaign. Or why not run for a spot on your city council, school board, or student government.

8. Get on the Big Screen

Use the media.

7. Organize

Get it together. Get your friends together and start a group that deals with the issues you care about.

6. Mobilize

Take your cause to the streets.

5. Voice your Opinion

Write or sign a petition. Write for your school newspaper. Attend a school board meeting and voice your opinion.

4. Get Riled Up

What do you really care about? Get other teens to care about your issue.

3. Give Your Peers a Forum to Vent

Set up a club at school, start a teen forum hotline

2. Inform!

Dispel apathy with education. Write a book, write for your school publications, film a documentary, or start an underground newspaper.

1. Volunteer

Volunteering: the obvious solution.

These 10 suggestions are from www.youthnoise.com



The Prudential Spirit of Community Awards honor young people in middle level and high school grades for outstanding volunteer service to their communities. You must have been actively involved in community service in the last year to be eligible. This award is given at local, state and national levels.

Created in 1995 by Prudential Financial in partnership with the National Association of Secondary School Principals (NASSP), the awards constitute the United States' largest youth recognition program based solely on volunteering.

For more information about this award go to www.prudential.com/spirit or find more information on our website at <http://utahspromise.org/ysu/awards.htm>